

Workshops and Groups: September-December 2025

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Ealing Early Start SEND Inclusion Team



What we do:

The Early Start SEND Inclusion Team is based within Early Start and offers targeted and specialist support to families of children with additional needs including children with social communication differences, speech and language difficulties, autism, Down Syndrome, visual impairment and children who are d/Deaf/Hard of Hearing as well as Complex Health/Medical Needs.

Our aims:

We provide advice and practical strategies to parents/carers as well as childcare providers to encourage children's development and support with areas such as communication, attention & listening, toileting, eating, sleep, behaviour and sensory differences.

To contact our team:

Tel: 020 8102 5888 (Early Start main hub)

Email: earlystartsendworkshops@ealing.gov.uk

Ealing Early Start Speech and Language Therapy Team



Hannah Howell-Day
(SLT)



Celia Hervé (SLT)



Zayna Halling (SLT)



Amanda Dickerson
(Nursery Officer)

We provide a Universal Speech and Language Therapy service for children under 5. We empower families and practitioners to best support their child's communication.

A child might need some support if:

They are **18 months old** or over and not yet using any words

They are **2 years old** and have less than 50 words

They are over **3 years old** and a half and it is difficult to understand what they are saying

They are **2 and a half years old** and not yet putting 2 words together e.g. 'want juice' or 'go park'.

They have been in a **new setting for 6 weeks or longer** and are still not speaking in that setting

Get in touch with us!



wlm-tr.ealing.sltheadvice@nhs.net
Monday - Friday 1-4pm
(we can call back with an interpreter)



Carmelita House
21-22 The Mall, W5 2PJ



Facebook SLTEaling



YouTube Ealing Children's Services

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Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Successful Eating Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore reasons behind difficult mealtimes, learn strategies to minimise problems and how you can support your child to develop a more varied diet.

When

Tuesday 21st October
10am-11:30am

How to book

Book your free place:

<https://forms.office.com/e/erNpRqhb91>

Or scan the QR code:



Successful Sleep Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore reasons behind difficult sleep times, learn strategies to minimise problems and how you can support your child.

When

Thursday 16th October
10am-11:30am

How to book

Book your free place:

<https://forms.office.com/e/1MtAVXbXEu>

Or scan the QR code:



Promoting Positive Behaviours



Free online workshop for parents/carers of children aged 0-5.

To gain awareness of what behaviours are communicating, sensory impacts on behaviour and learn practical strategies to support towards promoting positive behaviours.

When

Wednesday 5th November 2025
10am-12pm

How to book

Book your free place:

<https://forms.office.com/e/cmcUG405X5>

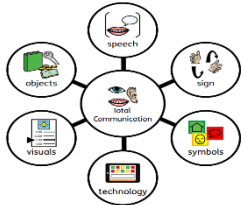
Or scan the QR code:



Workshops and Groups: September-December 2025

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Supporting Children with Social Communication Differences



Free online workshop for parents/carers of children aged 0-5.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

We recommend parents book onto this workshop and 'Understanding children with social communication differences' as a package.

When

Tuesday 18th November
10am-12pm

How to book

Book your free place:
<https://forms.office.com/e/1GKR1fJZPJ>

Or scan the QR code:



Successful Toileting Workshop



Free online workshop for parents/carers of children aged 0-5.

To understand why children may have difficulties in toilet training and learn practical strategies to support your child.

When

Wednesday 8th October
10am-11:30am

How to book

Book your free place
: <https://forms.office.com/e/urHbgaaj9S>

Or scan the QR code:



Understand Sensory Differences Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore and identify Sensory Differences. Understand and learn how to support your child.

When

Thursday 27th November
10am-11:30am

How to book

Book your free place:
<https://forms.office.com/e/gajpYjC12h>

Or scan the QR code:



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Introduction to Makaton Signing



Workshop for parent/carers or practitioners of a child aged 0-5.

Learn 30 Makaton signs and symbols in our 1 ½ hour training session. Training will be provided by an official Makaton Tutor.

When

Tuesday 2nd December
9.30-11.00am
Online

How to Book

Parents/carers – email wlm-tr.sltuniversalservices@nhs.net

Practitioners – via Ealing CPD online www.ealingcpd.org.uk

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Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Pre-recorded workshops on the Ealing SLT  **YouTube** channel:

Talking: What to Expect When and How to Help



This workshop 'Talking: What to Expect When and How to Help' is for parents and any professional working with children under 5.

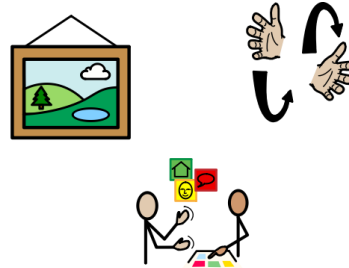
On this bitesized workshop, you will learn:

- How communication develops
- How learning more than one language affects language development
- What difficulties you should look for in children
- What parents and practitioners can do to support children's language
- What support is available

YouTube recording:
Please scan QR code



Using Visuals to Support Communication



This workshop 'Using visuals to support communication' is for parents and any professional working with any aged child.

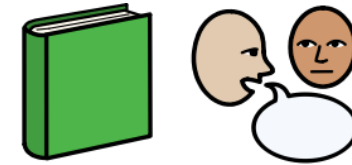
On this bitesized workshop, you will learn:

- What visuals are
- What the benefits of visuals are
- How to use visuals at home
- What support is available

YouTube recording:
Please scan QR code



Using Stories to Support Talking



This workshop is for parents/carers and any professional working with children under 5.

On this bitesized workshop, you will learn:

- How stories support communication
- Choosing stories
- Choosing stories
- What to do if you do not have storybooks available

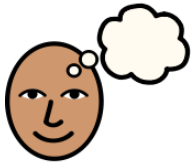
YouTube recording:
Please scan QR code



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Understanding Autism and Social Communication Differences



Online workshop for parents/carers of a child aged 0-5 with social communication differences.

Your child might be waiting for assessment from Speech and Language Therapy, the Child Development Team or may have been recently diagnosed with Autism.

We recommend parents book onto this workshop and 'Supporting Autistic children and children with social communication differences' as a package.

YouTube recording:
Please scan QR code



Supporting Autistic Children and Children with Social Communication Differences



Online workshop for parents/carers of a child aged 0-5 with social communication differences.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

We recommend parents book onto this workshop and 'Understanding Autism and social communication differences' as a package.

YouTube recording:
Please scan QR code



Supporting Children who are Learning more than One Language



This workshop is for parents and any professional working with children aged 0-18.

- On this bite-sized workshop, you will learn:
- How learning another language affects children's language development
 - The benefits of speaking more than one language
 - How parents and practitioners can support children who are learning more than one language.

YouTube recording:
Please scan QR code



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Supporting Children and Young People Who Stammer  Online workshop on Supporting Children and Young People Who Stammer. You will learn about stammering and practical strategies to support your child to be a confident communicator. YouTube recording: Please scan QR code 	Supporting children who are shy, Quiet and Anxious Talkers  This workshop 'Shy, Quiet and Anxious Talkers' is for parents and any professional working with children under 5. On this bitesized workshop, you will learn: • About 'shy' and 'anxious' talkers and the difference between them • How to help children communicate comfortably in different settings • To know when to seek further support YouTube recording: Please scan QR code 	Ealing Speech and Language Therapy YouTube Channel  SLT advice and support in a bite-sized format – check our our free online YouTube shorts for parents/carers of children of all ages To learn how to support your child's speech, language and communication. YouTube recording: Please scan QR code 
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Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

**Groups open to all parents and children
– no referral needed!**



MAKATON SIGN TIME

Run by a Makaton Signing for Babies & Families Trainer



5 week course for parents/carers & their babies or children.
Open to all babies & children. Everyone is welcome!
Learn approx. 100 signs and symbols.
Games, songs, activities & play!
Optional £10 for 'Makaton pocket book of signs and symbols'



Makaton signing can reduce frustration when communication breaks down

Makaton signing helps children to communicate and supports talking

Makaton signing helps children's understanding and memory of words

South Acton Children's Centre
(W3 8RX)



Wednesday afternoons

To book, please email:
sallycarton@southactoncc.com

Greenfields Children's Centre
(UB2 5PF)



Friday afternoons

To book, please email:
paula.england@greenfieldschildren.com

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FUN & LEARN



Worried about your child's social interaction and communication?

Book a place at Fun & Learn!

Run by Ealing Children's Centres and Speech & Language Therapy

Play sessions
for children
under 5 & their
parent/carer

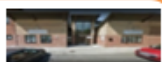
Supports you to
develop your
child's interaction
and talking at
home

5 week course
- you need to
come to all 5
sessions!

Choose your preferred Children's Centre - then call to book a place

Southall

Havelock
UB2 4XW



Fridays 9:30 - 10:30
Tel: 020 8571 1219

Southall Park
UB1 3AY



Thursdays 10:00 - 11:00
Tel: 020 8813 8275

Ealing

Jubilee

W13 0JF

Thursdays 1:15 - 2:15
Tel: 020 8998 8903



Northolt

Horsenden/Perivale

UB6 0PB

Wednesdays 1:30-2:30
Tel: 020 8422 3854



Limetrees

UB5 5LA

Tuesdays 2:00 - 3:00
Tel: 020 8845 3807



Autumn 2025



TALK & PLAY



Worried about your child's talking? Book a place at Talk & Play!

Run by Ealing Children's Centres and Speech & Language Therapy

Play sessions
for children
under 5 & their
parent/carer

Supports you to
develop your
child's talking
at home

5 week course
- you need to
come to all 5
sessions!

Choose your preferred Children's Centre - then call/email to book a place

Southall



Havelock
UB2 4XW

Fridays 11 - 12pm
Tel: 020 8571 1219

Southall Park

UB1 3AY

Thursdays 10:00 - 11:00
Tel: 020 8813 8275



Windmill Park
UB2 4UZ

Wednesdays 1 - 2pm
Tel: 020 8574 5310
or 0208 571 0878



Ealing

Grange or Hathaway
W5 4HN or W13 0DH

Thursdays 1 - 2pm
Tel: 020 8998 8903



South Acton: W3 8RX

Tuesdays 9.45-10.45am

Email:
sallycarlton@southactoncc.com



John Perryn

W3 7PD

Wednesdays 10 - 11am
Tel: 020 8222 6399



Northolt



Islip Manor
UB5 5RG

Mondays 9:45-10:45am
Tel: 020 8845 0601

Horsenden/Perivale

UB6 7AF

Wednesdays 1:30-2:30pm
Tel: 020 8825 5380



Autumn 2025

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Ealing Speech and Language Therapy Parent/Carer Drop-In & Advice Sessions

- Have a question about your child's communication development?
- Feeling a bit worried about your child's communication but not sure who to talk to?
- Keen to speak to a speech and language therapist for some advice or reassurance?

Come along to one of our drop-in sessions!

Bookings may be required so please contact the Children's Centre/ setting directly

Southall and West Ealing			
Date	Time	Location	Contact Details
Thursday 18 th September	9.30am- 11.30am	Hanwell Community Centre (Contact School Readiness Health Drop-In)	Westcott Cres, London W7 1PD 020 8575 7019
Monday 29 th September	10am- 11:30am	Dormers Wells Children's Centre	Dormers Wells Lane, Southall, Middlesex 07719988113
Monday 3 rd November	09:30am – 11am	Windmill Park Children's Centre	1 Tulip Cl, Southall UB2 4UZ 020 8574 5310
Northolt and Greenford			
Thursday 2 nd October	1:45pm- 3pm	Limetrees Children's Centre	Thorndike Avenue, Northolt, Middlesex 020 8845 3807
Wednesday 29 th October	10am – 11:30am	Perivale Children's Centre	Federal Road, Perivale, London 020 8825 5380
Ealing and Acton			
Thursday 4 th December	10am- 11:30am	Jubilee Children's Centre	Drayton Green Park, West Ealing, London 020 8997 2338
Wednesday 17 th December	1pm – 2pm	Acton Park Children's Centre	East Acton Lane, London 020 8743 6133

The drop in sessions are for parents/carers of children who do not yet have a referral to the service, and who would like to speak to a therapist. We can use telephone interpreters.

You can also email our advice line on wlm-tr.ealing.sltadvice@nhs.net. We can call you back (with an interpreter if needed).



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SUPPORTING DEAF /HARD OF HEARING CHILDREN IN NURSERY/SCHOOL



FREE TRAINING



**TUESDAY 30TH SEPTEMBER
1:30PM-3PM**



**EALING GREEN CHURCH
EALING GREEN, LONDON
W5 5QT**



**With Speech & Language Therapy (Celia Herve) & Teachers of Deaf
Children (Nicola Wilson & Matthew Sinnott)**

**To book your place, email:
wlm-tr.sltuniversalservices@nhs.net**

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Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Supported by: Acton (Middlesex) Charities

TALES IN MOTION
STORYTELLING THROUGH ARTS AND MUSIC

FREE

**SPEECH AND LANGUAGE
THERAPY AND ARTIST
STORYTELLING WORKSHOP**

for children aged 0-5 years

Thursday 9th October at 10am-11:30am
at South Acton Children's Centre
(Castle Close, London W3 8RX)

Come along and learn about how you can support your child's communication development through art, music and story telling!

Come along to:

- Enjoy crafting, building activities and messy play
- Talk to other parents/carers, Artists, Early Years Practitioners, Speech and Language Therapists!

Collect your free resources!

To book your place,
Please email wlm-tr.sltuniversalservices@nhs.net

WE ONLY HAVE 15 PLACES AVAILABLE!

South Acton Children's Centre

Ealing
www.ealing.gov.uk

NHS
Ealing Community Partners

Early Start Ealing

HAPPY BABY COMMUNITY

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Other Useful Websites



Facebook page: www.facebook.com/SLTEaling - contains lots of tips to support communication, storytime videos and more!



Ealing Children's Services YouTube channel: https://www.youtube.com/channel/UCZUu_grEG9fcmA-2mFbc0tg – contains bitesize tips and online workshops on autism, language development, speech sounds and more!



Cbeebies Parenting: <https://www.bbc.co.uk/cbeebies/parenting> – they also have a brilliant Instagram page!



ERIC: The Children's Bowel and Bladder Charity: <https://eric.org.uk/> - support for potty training



Ealing Speech and Language Therapy website: <https://www.westlondon.nhs.uk/slt>

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Other Useful Local Organisations



The Early Start SEND Inclusion team: Early Start SEND Inclusion Team offer targeted and specialist support to families of children with additional needs including social communication differences, speech and language difficulties, Autism, Down's Syndrome, hearing loss, vision difficulties and complex health and medical needs. Telephone: 020 8102 5888 Email: earlystartsendworkshops@ealing.gov.uk

The Health Visiting team: 020 8102 5888 for main hub.



Contact: charity supporting families with children with disabilities in Ealing. They offer information and guidance for parents, parenting support groups and more: <https://www.facebook.com/Contact-Ealing-104164327892227/>



Ealing Anchor Foundation: supporting families of children with disabilities in Ealing. They offer outings for families, workshops, play and support sessions and parent/carer evenings for adults.



Home-Start Ealing: supporting families of children in Ealing <https://homestartealing.org/>