





Help us to collect the items which will help Ealing Foodbank to help families who need it.

## **Items** needed

- Savoury Crackers
  Rice 500g and 1kg
  UHT Milk whole milk or semi
- skimmed, not skimmed please
- Long Life Fruit Juice & Squash
- Instant Coffee & Drinking Chocolate
- Tinned Fruit & Vegetables
- Ketchup, Mayo & Brown Sauce
- Chick Peas & Kidney Beans
- Jam & Peanut Butter
- Cooking Oil
- Nappies Sizes 5 & 6

All other non-perishable items accepted. No clothes please!

> We will be collecting in the small hall until Friday 31st March