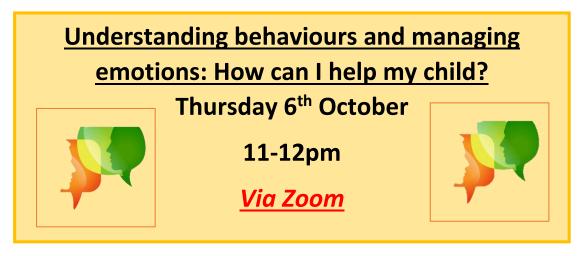


Ealing Speech and Language Therapy

Over 5's Parent Workshops

Are you a parent of a <u>primary school-aged child</u> looking for practical advice?

We are running a workshop on:



On this workshop you will learn:

- ✓ What is my child's challenging behaviour telling me?
- ✓ Why understanding our own and others' emotions can be tricky
- ✓ Practical ways to help children understand and express how they feel
- ✓ Strategies to help manage emotions

PARENTS: to book a **FREE** place: **Email** <u>wlm-tr.sltuniversalservices@nhs.net</u> with your name and the name of the workshop **or**

Call 07512 716 478 between 1-4pm on Monday-Friday (Please ask to speak to the Universal team about workshop bookings)

Our workshop is free and accessible via zoom!